<table>
<thead>
<tr>
<th>Time</th>
<th>Attendee(s)</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 A.M.</td>
<td>Abel Montoya</td>
<td>Making Connections Update</td>
</tr>
<tr>
<td>11:00 A.M.</td>
<td>Nick Kittle / Julia Ferguson</td>
<td>Fitbiters Program Update</td>
</tr>
<tr>
<td>11:30 A.M.</td>
<td>Nick Kittle</td>
<td>Continuous Process improvement Efforts/Performance Measures</td>
</tr>
<tr>
<td>12:30 P.M.</td>
<td>Raymond Gonzales</td>
<td>Perl Mack Town Hall Follow Up</td>
</tr>
<tr>
<td>1:00 P.M.</td>
<td>Jeanne Shreve / Kevin Doran / Dave Ruppel / Don May / Peter LiFari</td>
<td>2016 State and Federal Legislative Agenda and Priorities / State Legislative Tour</td>
</tr>
<tr>
<td>2:00 P.M.</td>
<td>Todd Leopold</td>
<td>2016 Holiday Schedule</td>
</tr>
<tr>
<td>2:15 P.M.</td>
<td>Nancy Duncan / Theresa Wilson / Pernell Olson / Raylene Taylor</td>
<td>2016 Preliminary Budget Update</td>
</tr>
<tr>
<td>4:15 P.M.</td>
<td>Todd Leopold</td>
<td>Administration Item Review / Commissioner Communications</td>
</tr>
<tr>
<td>4:45 P.M.</td>
<td>Heidi Miller</td>
<td>Executive Session Pursuant to C.R.S. 24-6-402(4)(b) and (e) for the Purpose of Receiving Legal Advice and Negotiation Discussions Regarding Memorandums of Understanding for Oil and Gas Applications</td>
</tr>
</tbody>
</table>

(AND SUCH OTHER MATTERS OF PUBLIC BUSINESS WHICH MAY ARISE)

***AGENDA IS SUBJECT TO CHANGE***
STUDY SESSION AGENDA ITEM

DATE: November 24, 2015

SUBJECT: Making Connections Plan

FROM: Abel Montoya

AGENCY/DEPARTMENT: Office of Long Range Strategic Planning

ATTENDEES: Abel Montoya, Lori Wisner, Consultant(s) from Wilson & Company

PURPOSE OF ITEM: Provide an overview of the project explaining the public outreach that has been/is being done, the schedule, project milestones and approach, etc.

STAFF RECOMMENDATION: Informational Only

BACKGROUND:

The Making Connections Plan focuses on formulating a sound and rational basis for guiding development, redevelopment, and supporting infrastructure in unincorporated Southwest Adams County, referred to as the “Triangle of Opportunity”. The “Triangle of Opportunity” will soon become apparent with construction of the Pecos, Federal, and Westminster transit stations, as part of the regional FasTracks Commuter Rail System. With the creation of high capacity transit stations across the Denver region many communities have witnessed increased interest in development and redevelopment opportunities. This plan will summarize recommendations from previous plans, studies and reports and will identify strategic infrastructure investments and land use objectives. The end result will be a Master Plan document that includes a series of implementation-focused materials that get Southwest Adams County on track to be development-ready. While the plan focuses on economic return on investment, the plan must be “strategic” and “equitable” and consider the goals and projects that are important to the existing community, neighborhoods and businesses.

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:


ATTACHED DOCUMENTS:

Project Overview, PowerPoint Presentation
**FISCAL IMPACT:**
Either mark X □ if there is no fiscal impact or provide the following information for the recommended action:

<table>
<thead>
<tr>
<th>Fund(s):</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Cost center(s):</td>
<td></td>
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<tr>
<td>Self-generated / dedicated revenues: $</td>
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<td>Capital costs: $</td>
<td></td>
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<tr>
<td>Expenditure included in approved operating budget: $</td>
<td></td>
</tr>
<tr>
<td>Expenditure included in approved capital budget: $</td>
<td></td>
</tr>
<tr>
<td>New FTEs requested:</td>
<td></td>
</tr>
</tbody>
</table>

**APPROVAL SIGNATURES:**

Todd Leopold, County Manager

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager

**APPROVAL OF FISCAL IMPACT:**

[Signatures]

Budget / Finance
Project Team

Jim Godwin
Wilson & Company
- Co-Project Manager
- Land Use/Infrastructure

Daniel Haggerty
Wilson & Company
- Infrastructure Task Lead

Vanessa Spartan, AICP
Wilson & Company
- Co-Project Manager
- Planning
- Public Involvement

Deana Swetlik, AICP
Entelechy
- Land Use/Urban Design

Victoria Mendoza, ATA
Hispanidad
- Public Involvement
- Spanish Translations

Steve Salazar, PE
Wilson & Company
- Principal-in-Charge
- QA/QC Manager
Agenda

• **Introductions & Role of TAC** 10 min
• **Visioning & Goals Exercise** 15 min
• **Project Process & Schedule** 15 min
• **Phase 1 Summary** 15 min
• **Next Steps** 5 min
Introductions & Role of TAC
Role of TAC

• **Advisory to the plan**

• **Provide relevant information to be included in the evaluation and analysis**

• **Active participation in the study and discussions**

• **Meet at 3 key points in the project process**

Technical Advisory Committee

• Long Range Strategic Planning
• Parks & Open Space
• Emergency Management
• Transportation Administration
• Transportation Engineering
• Finance
• Budget
• Community & Economic Dev.
• Economic Development
• Business Solutions Group (GIS)
• Housing Authority
• Tri-County Health Department
• Public Involvement Office
• County Managers Office
Visioning & Goals Exercise
Commission’s Mission, Vision, Values and Goals

- **Mission:** To responsibly serve the Adams County community with integrity and innovation.

- **Vision:** To provide our community a safe, healthy environment to work, raise families and build businesses.

- **Values:** A Positive Work Environment, Servant Leadership, Teamwork, Transparency, Credibility

- **Goals:** Prosperity, Customer Service, Community
Project Goals

• **Focus on unincorporated Adams County within the Planning Area of 52\textsuperscript{nd}, 96\textsuperscript{th}, Sheridan, and Brighton.**

• **Utilize information and ideas from previous plans.**

• **Identify and prioritize strategic and equitable investments that focus on economic return.**

• **Identify Top 40 Priority Projects and Top 10 Priority Projects**

• **Identify Implementation Strategies**
Making Connections Planning Area
TAC Visioning & Goals Exercise

- 6 questions
- Use one post-it per question
- Write the number of the question on the post-it
What is the most important aspect of this project for YOU?

Technical Advisory Committee Responses

- Affordable housing (3)
- Public communication (2)
- Improving infrastructure (4)
- Efficient roadways
- Awareness of hazardous material facilities
- Coordinating opportunities with stakeholders
- Equitable land use and transportation policies (2)
- Increase pedestrian and bicyclist connectivity in neighborhoods and adjacent to transit
What is the most important aspect of this project for YOU?

Planning Commission Responses
- Safety, Adequate Parking
- Improving Infrastructure
- Usage of each Station
- Accessibility
- Redevelopment of blighted areas
What do you think OTHERS believe is the most important aspect of this project?

Technical Advisory Committee Responses

- Money and revenue (4)
- Cost effectiveness (2)
- Arts and Culture
- Efficient transportation (3)
- Urban renewal and revitalization (3)
- Maintaining affordable housing
- Opportunity
- Safe Community
- Economic development (3)
- Internal teamwork and communication
What do you think OTHERS believe is the most important aspect of this project?

Planning Commission Responses

- Will it even happen
- What will become of my property
- Land uses and development opportunities
- Improving transportation connection
- Complementary development in the area
3 What is the perception of Southwest Adams County?

Technical Advisory Committee Responses

- High poverty and crime (3)
- Highly industrial
- Blight (4)
- In dire need of redevelopment (2)
- Poorly coordinated land use
- Automobile dependent
- Poor roadways (2)
What is the perception of Southwest Adams County?

Planning Commission Responses
- Underserved, mish-mash, missed opportunities
- Industrial
- Not a desirable place to live or develop retail
- I don’t I will live here but it’s getting better
- Highly industrial and blighted areas
- Trashy but improving
Twenty years from now, what do you want the area to look like?

Technical Advisory Committee Responses

- Reduced Crime
- Gentrification (3)
- Excessive bike trails
- Multiple transit options (2)
- More Parks
Twenty years from now, what do you want the area to look like?

Planning Commission Responses

- Improved landscaping and sidewalks, inviting
- Walkable community at stations, improved traffic corridors
- Better visuals along highways, housing opportunities for younger folks
- Develop its own personality
- A new look
- Quality, Complimentary infill – both residential and retail
5 What does success with this project mean to you?

Technical Advisory Committee Responses

- Desirable place to live, work and play (2)
- Comprehensive Land Use (2)
- No traffic congestion
- Implementation (2)
- Community input and involvement (3)
What does success with this project mean to you?

Planning Commission Responses

- It means improved perception of the area
- Implementation
- A blueprint to achieve the 20 year vision, achievable
- Community input and involvement
- Foster development
- A place to work, live, and play
What is holding us back?

Technical Advisory Committee Responses

- Lack of resources and funding (5)
- Community involvement and communication (3)
- Fear of Change
- Shared and inclusive vision (2)
- Government commitment and decision making (3)
- Inability to engage non-English speaking population
What is holding us back?

Planning Commission Responses

- Involvement by the community & communication above all
- The area is developed – very hard to remove existing uses
- Infrastructure, Money
- Funding, Change
- Money
- Lack of Money
Project Process & Schedule

Project Management Plan,
Work Plan & Schedule
Work Plan & Schedule

Tasks/Phases

- Inventory & Information Gathering
- Public & Stakeholder Involvement
- Land Use, Zoning & Design Components
- Implementation Matrix & Map
- Adoption Hearings

Public Involvement

- Postcard, Open House & Focus Group Forums
- County Website, Newsletter & Email Blasts
- Community Workshop
- Open House (optional)
- BOCC, PC, & Developers Forum

Deliverables

- WP1: Existing Conditions Report
- Public & Stakeholder Involvement Plan
- WP2: Recommendations Report
- Draft & Final Master Plan
- Developer Distribution Materials

Schedule Range

- 09/2015-01/2016
- 09/2015-09/2016
- 01/2016-03/2016
- 03/2016-09/2016
- 10/2016-01/2017
Public and Stakeholder Involvement Plan (PSIP)

- Technical Advisory Committee (TAC)
- Community Open Houses and Workshops
- Focus Group Forums
- Postcards/Website/Newsletters/Email Blasts
- Spanish-speaking Stakeholders
- Adoption Hearings
- Adams County In-kind Contribution
## T1: Inventory & Information Gathering

<table>
<thead>
<tr>
<th>Task/Subtask I: Inventory and Information Gathering</th>
<th>Target Date</th>
<th>Completed</th>
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<tbody>
<tr>
<td>Conduct Project Kick-off Meeting with Adams County Staff</td>
<td>09/30/15</td>
<td>✓</td>
</tr>
<tr>
<td>Gather and compile all relevant plans and data sets to deliver to consultant team</td>
<td>09/30/15</td>
<td>partially</td>
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<tr>
<td>Technical Advisory Committee (TAC) Kick-off Meeting</td>
<td></td>
<td>✓</td>
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<tr>
<td>Website/Newsletter/Postcard/Email Blast Materials</td>
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<td>✓</td>
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<tr>
<td>TAC Workshop 1 (Inventory and Information Gathering)</td>
<td>11/02/15</td>
<td>✓</td>
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<tr>
<td>Planning Commission Study Session</td>
<td>11/12/15</td>
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<tr>
<td>Focus Group Forums</td>
<td>11/18/15</td>
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</tr>
<tr>
<td>Community Open House</td>
<td>11/18/15</td>
<td>✓</td>
</tr>
<tr>
<td>Board of County Commissioners Study Session</td>
<td>11/24/15</td>
<td>✓</td>
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<tr>
<td>ACED Meeting Infrastructure Task Force - 8:00-9:30am</td>
<td>12/02/15</td>
<td>✓</td>
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<tr>
<td>County to coordinate meeting space(s), meeting notices, and meeting print materials.</td>
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<td>✓</td>
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<tr>
<td>County to present TAC Meeting with Existing Conditions Overview</td>
<td>12/16/15</td>
<td>✓</td>
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<tr>
<td>WORKING PAPER 1: Existing Conditions Report</td>
<td>12/16/15</td>
<td>✓</td>
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<tr>
<td>WORKING PAPER 1: Existing Conditions Report Feedback</td>
<td>01/15/16</td>
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## T2: Public and Stakeholder Involvement

<table>
<thead>
<tr>
<th>Task/Subtask 2: Public and Stakeholder Involvement</th>
<th>Target Date</th>
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<tbody>
<tr>
<td>Identify Key Informants and Stakeholders</td>
<td>09/30/15</td>
<td>✓</td>
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<tr>
<td>Public &amp; Stakeholder Involvement Plan (PSIP)</td>
<td>09/30/15</td>
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<tr>
<td>Prepare public information materials (website, newsletters, and display materials)</td>
<td>ongoing</td>
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<tr>
<td>Schedule and conduct meetings</td>
<td>ongoing</td>
<td></td>
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<tr>
<td>Spanish translation services</td>
<td>ongoing</td>
<td></td>
</tr>
<tr>
<td>County to print meeting announcements and meeting materials</td>
<td>ongoing</td>
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</tr>
<tr>
<td>County to distribute (mail or email) of meeting announcements (e.g. newspaper postings)</td>
<td>ongoing</td>
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<tr>
<td>County to coordinate meeting venues</td>
<td>ongoing</td>
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<tr>
<td>County to host project materials on website</td>
<td>ongoing</td>
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## T3: Land Use, Zoning and Design Components

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<tr>
<th>Task/Subtask</th>
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<tr>
<td>Community Workshop: Street Interface and Design Standards</td>
<td>02/02/16</td>
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<tr>
<td>TAC Workshop 2 (Focus Areas)</td>
<td>02/02/16</td>
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<tr>
<td>County to coordinate meeting space(s), meeting notices, and additional meeting print materials.</td>
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<tr>
<td>WORKING PAPER 2: Recommendations Report</td>
<td>03/31/16</td>
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<tr>
<td>WORKING PAPER 2: Recommendations Report Feedback</td>
<td>04/18/16</td>
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## T4: Implementation Matrix & Map

<table>
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<th>Task/Subtask 4: Implementation Matrix &amp; Map</th>
<th>Target Date</th>
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<tbody>
<tr>
<td>TAC Workshop 3 (Priority Programming)</td>
<td>4/06 or 5/04</td>
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<tr>
<td>Complete Street(s) Phasing Plan</td>
<td>05/18/16</td>
<td></td>
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<tr>
<td>Top 40 Priority Projects</td>
<td>06/19/16</td>
<td></td>
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<tr>
<td>Top 10 Priority Projects</td>
<td>06/22/16</td>
<td></td>
</tr>
<tr>
<td>Planning-level Implementation Matrix for Top 40 Projects</td>
<td>06/29/16</td>
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<tr>
<td>Implementation Matrix for Top 10 Projects</td>
<td>06/22/16</td>
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<tr>
<td>Phasing Priority Maps for Top 10 Projects</td>
<td>06/29/16</td>
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<tr>
<td>Draft Plan</td>
<td>07/01/16</td>
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<tr>
<td>Final Plan (including executive summary with Top 40 and Top 10 projects identified)</td>
<td>09/02/16</td>
<td></td>
</tr>
<tr>
<td>Referral Out (Adams County)</td>
<td>09/23/16</td>
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<tr>
<td>Final Draft of Making Connections Plan (including all supporting materials)</td>
<td>10/07/16</td>
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<tr>
<td>Publication Notice (Adams County)</td>
<td>10/21/16</td>
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<td>Staff Report for Planning Commission</td>
<td>10/28/16</td>
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<td>Planning Commission Public Hearing</td>
<td>11/10/16</td>
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<td>Staff Report for BOCC</td>
<td>11/18/16</td>
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<tr>
<td>Board of County Commissioners Public Hearing</td>
<td>12/06/16</td>
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</tr>
<tr>
<td>Developer Distribution Materials for Top 10 Projects</td>
<td>01/17/17</td>
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<tr>
<td>Developer Forum</td>
<td>01/??/17</td>
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</tbody>
</table>

*Additional BOCC and Planning Commission Study Sessions to be added and presented by Adams County staff.*
Task 1 Key Milestones

- Planning Commissioners Study Session – 11/12/2015
- Open House – 11/18/2015
- Focus Group Forum – 11/18/2015
- Board of County Commissioners Study Session – 11/24/2015
- Economic Development Infrastructure Task Force – 12/02/2015
- Working Paper 1 Draft – 12/16/2015
PSIP: Task 1

- County Website
- Postcard
- Email Blast (to Focus Group stakeholders)
- Newspaper Advertisement (Westminster Window and Thornton Sentinel)
- Posters (displayed at civic/institutional locations)
- Door-to-door Outreach at Businesses in Study Area
- Focus Group Forum
- Open House
- Newsletter (End of Task 1, 12/18/2015, provided on County website)
PSIP: Focus Groups

- **Wednesday, 11/18/2015, 2:00-4:00pm**
  - 30 minutes Introduction
  - 60 minutes Breakouts
  - 30 minutes Regroup

- **Location:** Adams County Government Center

- **Email Invitations sent early November**

- **Approximately 60 people in attendance**

- **At least 1 member of TAC and 1 Consultant per Group**

- **2 Spanish translators on hand**

**Focus Groups**

- Land Use & Economic Development with Neighborhoods & Housing
- Transportation
- Drainage and Utilities
- Environmental, Health, Parks & Trails
Focus Group Invitees

Adams County Departments
- Community & Economic Development
- Emergency Management
- Parks & Open Space
- Finance
- Long Range Strategic Planning
- Transportation Engineering
- Human Services
- Transportation Administration
- Sustainability
- Sheriff’s Office
- Economic Development
- Business Solutions Group (GIS)
- County Managers Office

Citizen/Neighborhood Groups
- Peral Mack Neighborhood Group
- Berkeley Neighborhood Group
- Guardian Angel Neighborhood Group
- Riverdale Farms
- Aloha Beach
- Neighborhood Improvements
- Yacht Club Community Association
- North Federal Hills Homeowners
- Welby Citizen Group
- Northridge Estates at Gold Run HOA
- Mobile Gardens

Outside Agencies
- Live Well Colorado
- Tri-County Health
- Colorado DOT
- Adams 50
- City of Thornton
- Adams 12 Five Star Schools
- Growing Home
- Adams 14
- Industrial Park
- Xcel Energy
- Housing Authority
- North Lincoln Water & Sanitation
- North Washington Street Water & Sanitation
- Comcast
- Qwest Communication
- Crestview Water & Sanitation
- South Adams County Water & Sanitation
- North Pecos Water & Sanitation
- Berkeley Water & Sanitation
- City & County of Denver
PSIP: Open House

- Wednesday, 11/18/2015, 6:00-8:00pm
- Skyview Academy High School, 8970 York St, Thornton, CO
- Postcards mailed to all addresses within study area
- Approximately 40 people in attendance
- 2 Spanish translators on hand.
PSIP: Some of what we heard…

- **Public Engagement.** Allow for online engagement. Collaborate with non-profits on Spanish outreach strategies.
- **Transportation** options are more important than capacity, but signal upgrades and timing are important on major roads. Some streets remain “unfinished” (narrow width, no shoulder, ditch present). Lack of sidewalks.
- **Health** should be an integrated topic with transportation, land use and development.
- **Environment.** Prioritize converting brownfields to development rather than negatively impacting existing neighborhoods.
- **Parks and Trails** programming and safety at all hours is important. Separate Clear Creek planning effort starting soon.
- **Drainage** needs are well documented although some concerns about how quickly repairs and maintenance can be executed.
- **Utilities.** Many are operated by outside organizations which poses a challenge with making areas development-ready.
- **Neighborhoods and Housing.** How can we improve communities and neighborhoods but also keep it affordable? The words “redevelopment” and “density” are scary.
Existing Conditions Findings

Literature Review & GIS Data
Working Paper 1 Outline

• Introduction
• Literature Review
  • previous recommendations
• Land Use & Development
  • housing and neighborhoods
• Transportation
  • vehicle, pedestrian, bicycle, transit
• Infrastructure & Utilities
  • water, sewer, stormwater, power, fiber
• Environment, Health, Parks & Trails

Information Gaps

• What has been implemented from Literature Review?
• Land Use, Economic Development, Neighborhoods, and Housing
  • Affordable housing locations.
• Utilities
  • Water line locations, Sewer line locations, Power line and infrastructure locations, and Fiber locations. Urban Drainage and Flood Control District.
• Environment
  • Brownfields locations and information.
  • Emergency management locations and information.
• Parks
  • Programming details (park type),
  • Trailhead locations.
• Transportation
  • Vetting of existing transportation assets data. Some question if all bike facilities have been constructed.
  • ADA assessment results.
  • Roadway weight restrictions data.
  • RTD data on transit stop type, frequency, etc.
  • Details for Federal Boulevard including ROW configurations, ROW ownership, driveway locations, sidewalk inventory, projects underway
Making Connections Plan Outline

- Merges Working Paper 1 and 2
- Adds Implementation Deliverables
Next Steps
Next Steps

- **BOCC Study Session**
  - 11/24/2015

- **Economic Development Infrastructure Task Force Meeting**
  - 12/02/2015, 8:00am

- **TAC Workshop**
  - Adams County to facilitate
  - 12/16/2015, 10:00am

- **WP1: Existing Conditions Report (Draft)**
  - 12/16/2015 – Consultant Team
  - 01/15/2016 – Adams County Feedback

- **Phase 3: Recommendations**
  - TAC Workshop – 02/02/2016
  - Community Workshop – 02/02/2016
STUDY SESSION AGENDA ITEM

<table>
<thead>
<tr>
<th>DATE OF STUDY SESSION: November 24, 2015</th>
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<tbody>
<tr>
<td>SUBJECT: FitBitters Wrap-Up</td>
</tr>
<tr>
<td>FROM: Julia Ferguson</td>
</tr>
<tr>
<td>AGENCY/DEPARTMENT: Office of Performance, Innovation, and Sustainability</td>
</tr>
<tr>
<td>ATTENDEES: Julia Ferguson, Nick Kittle</td>
</tr>
<tr>
<td>PURPOSE OF ITEM: To provide a report on the pilot FitBitters program and explain results and next steps.</td>
</tr>
<tr>
<td>STAFF RECOMMENDATION: No action needed</td>
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</table>

BACKGROUND:

This session is intended as an opportunity to report out on the successful FitBitters pilot wellness program. Information regarding program activities and results will be shared, as well as next steps in regards to larger program roll-out.

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

ATTACHED DOCUMENTS:

Power point presentation is attached.
**FISCAL IMPACT:**
Either mark X x☐ if there is no fiscal impact or provide the following information for the recommended action:

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<th>Cost center(s):</th>
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<td>Annual net operating (cost) / income:</td>
<td>$</td>
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<tr>
<td>Capital costs:</td>
<td>$</td>
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<tr>
<td>Expenditure included in approved operating budget:</td>
<td>$</td>
</tr>
<tr>
<td>Expenditure included in approved capital budget:</td>
<td>$</td>
</tr>
<tr>
<td>New FTEs requested:</td>
<td></td>
</tr>
</tbody>
</table>

**Additional Note:**
List any Supplemental Information Regarding Fiscal Impact.

**APPROVAL SIGNATURES:**

Todd Leopold, County Manager

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager
ADAMS COUNTY
FITBITTERS

Post-Program Report and Follow-Up
FitBitters: A Bit Fit FitBit Challenge

- 237 county employees participated
  - 180 received a county-discounted FitBit ($20 cost to employee)
  - 57 purchased their own device
- 6-month challenge (April-September)
- Prize eligibility linked to distance traveled and monthly challenges completed
- Cost of devices: $11,760
Providing a choice for participation

- Required:
  - Online registration
  - Signed liability waiver

- Optional:
  - Orientation meetings
  - Join a team
  - Health assessments (March and September)
  - Sharing activity data (FitBit.com)
  - Pre- and post-program surveys
Why did they join?

- Discounted Fitbit
- Enjoy being on a team
- Want to improve fitness
- Enjoy competitions
- Challenge sounded...
- Other

Percent of participants
Determining a Baseline

- 188 employees participated in pre-program surveys and health assessments (3rd party administered, HIPAA compliant)

- Health metrics measured:
  - Weight
  - Body mass index
  - Body fat percentage
  - Blood Pressure
  - Waist circumference
Participant responses to ‘I feel good about my health’ (March 2015)
Participant responses to 'I feel good about the amount of physical activity I do.' (March 2015)
March Health Assessment Results

- 76% of individuals participating in health assessments had a BMI of 25 or greater and fell in the ‘overweight,’ ‘obese,’ or ‘morbidly obese’ category.
- 72% had a body fat percentage level of 30% or greater.
- 50% of individuals had blood pressure in the pre-hypertension to hypertension Stage 2 range.
Program structure

- Every month, FitBitters were presented with a new distance challenge to achieve individually or as a member of their team; these became progressively more difficult throughout the program.

- For each monthly challenge completed; every 100 miles walked; and every ‘additional fitness event’ participants completed they received an entry into prize drawings.
Adams County FitBitters Challenge

Adams County employees are having fun while getting fit! Join us to track your fitness goals and help encourage each other to live a healthier and more active life.

Steps in November

- Yvonne C. - 293,635 steps
- Jeanette - 294,322 steps
- Matthew - 282,766 steps
- Davida - 176,191 steps
- Sandy B. - 172,329 steps
- You - 160,406 steps
- Von B. - 162,723 steps
- Dave Z. - 155,186 steps

210 members
12,755,755 steps
5,534.31 miles
36,567 active members
13 days remaining

View Full Leaderboard

Discussions

<table>
<thead>
<tr>
<th>Topic</th>
<th>Posts</th>
<th>Last post</th>
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<tbody>
<tr>
<td>How do you stay active?</td>
<td>1</td>
<td>25 weeks ago by Julia F.</td>
</tr>
<tr>
<td>Introduce yourself</td>
<td>17</td>
<td>20 weeks ago by Lynn C.</td>
</tr>
<tr>
<td>Accuracy of Fitbit</td>
<td>3</td>
<td>29 weeks ago by Jeremy</td>
</tr>
</tbody>
</table>

Members

- Susan
- Jace C.
- Phil M.
- Lisa B.
- Tara
- Nancy
- Jeremy
- Amanda E.
Weekly Emails

- Light-hearted weekly emails provided updates on challenges, congratulations to participants and teams, and links to articles on fitness and the link between activity and mental, emotional, and physical health
- ...plus, memes!
Program Wrap-up and Evaluation

- 167 individuals completed the post-program survey
- 88 individuals completed the post-program health assessments; 74 were comparable
- Participants attended an awards ceremony luncheon and received prizes for their participation in October.
September Health Assessments

- Fewer participants in September, 74 comparable
- 39 individuals lost weight
- 36 individuals reduced their body fat percentage
- 25 individuals reduced their BMI by a statistically significant amount (~1 BMI point)
- 26 individuals reduced the circumference of their waist
Value in Health Care Cost Savings

- $120 increase annually in health care costs per person per point BMI increase (Wang, et al.)
- 25 individuals lost nearly 1 point BMI (some more, up to a 17.8 point reduction)
- Total BMI point reduction was 80.4—providing a benefit of approximately $9,648 through health care cost avoidance
Post-Program Survey Results

Percent Responses to 'I feel good about my health.'

- Strongly Disagree
- Disagree
- Neutral
- Agree
- Strongly Agree

March
September
Post-Program Survey Results

Percent of responses to 'I feel good about the amount of physical activity I do on a daily basis.'

- Strongly Disagree
- Disagree
- Neutral
- Agree
- Strongly Agree

March vs. September
Post-Program Survey Results

Percent of survey respondents indicating that as a result of the FitBitters Challenge they:

- Increased their daily physical activity: 90%
- Drank more water: 70%
- Managed stress better: 40%
- Improved their mood: 30%
- Slept better: 20%
- Lost weight: 10%
- Met a fitness goal: 10%
Value to the Organization

Happier, less stressed employees = increased productivity

There is a 12% increase in productivity when an employee is happier than average.

75 happier employees allows for a cost avoidance to the county of upwards of $490,000 through increased productivity.

Additionally, happy employees have greater organizational ties, lower turnover rates, and less absenteeism.
FitBitters by the Numbers

- 237 participants walked a total of 138,667 miles
- Net 129 pounds and 6.5 inches were lost
- 81 additional fitness events and volunteer opportunities were attended
- Health care cost savings estimated $9,700 for 74 individuals
- Benefit to the county of cost avoidance through increased productivity upwards of $490,000
- Estimated program benefit: roughly $500,000
- Total program cost: $16,381
Participant Comments

- 'Thank you for making this possible. I really enjoyed it. I did not meet all my goals but that is my doing not the programs (sic). It definitely helped with my way of thinking.'
- 'It is always fun and exciting to have programs such as these through work. I think it motivates employees to show up and have fun, and in turn employees have a higher morale and feel better about work. Keep up the great program, the county has great health programs!'
- 'Loved it! Sure hope you expand it so others can participate, as so many coworkers have expressed a desire for the program.'
- 'Management wasn’t supportive of leaving the area just to walk around.'
- 'The work we do every day is very sedentary. Having a FitBit helped me set reminders that I could not snooze by ignoring my screen. I had to move!'
Lessons Learned & Next Steps

- FitBitters program is approved for roll-out in 2016 by the Human Resources department
- Lessons learned:
  - Shorter challenge intervals with more frequent opportunities to receive rewards
  - Reduce program coordinator time through dummy device
  - Provide increased opportunity for face-to-face interaction
‘I am so impressed by the county offering the opportunity. I look forward to increased opportunities to improve health and well being.’
**STUDY SESSION AGENDA ITEM**

<table>
<thead>
<tr>
<th>DATE OF STUDY SESSION:</th>
<th>November 24, 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUBJECT:</td>
<td>2016 State and Federal Legislative Agenda and Priorities, and State Legislative Tour</td>
</tr>
<tr>
<td>FROM:</td>
<td>Kevin Doran, Legislative Liaison</td>
</tr>
<tr>
<td>AGENCY/DEPARTMENT:</td>
<td>County Manager's Office</td>
</tr>
<tr>
<td>ATTENDEES:</td>
<td>Kevin Doran, Todd Leopold, Jeanne Shreve, Dave Ruppel, Don May, Peter LiFari</td>
</tr>
<tr>
<td>PURPOSE OF ITEM:</td>
<td>Brief Board on 2016 State and Federal Legislative agendas and State Legislative tour agenda in order to finalize all 3 agendas in advance of the Dec. 1-3 trip to Washington, DC and the State Legislator Tour on Dec. 11th.</td>
</tr>
<tr>
<td>STAFF RECOMMENDATION:</td>
<td>Review and discussion</td>
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</table>

**BACKGROUND:**

Staff has prepared this briefing to guide a discussion of the upcoming trip to Washington, DC, affirm the BOCC’s federal legislative priorities for 2016, the logistics and tour stops for the State Legislative Tour, and an opportunity for the Board to provide feedback to staff on the State Legislative process for 2016.

**Washington, DC Visit**

The BOCC will be traveling to Washington, D.C., December 1-3, 2015 to meet with our Colorado Congressional Delegation, select federal departments and agencies, and advocacy organizations in an effort to educate our Congressional representatives and advocate for County legislative priorities.

Tentative Agenda:
- **Tuesday, Dec. 1st**
  - Fly to DC, no official obligations that afternoon/evening
- **Wednesday, Dec. 2nd**
  - Meetings with our CO Congressional Delegation beginning in the morning and lasting through the late afternoon (possibly meeting with select federal departments or agencies if time allows)
  - Dinner with our CO Congressional Delegation
- **Thursday, Dec. 3rd**
Meetings with the FAA, VA, HUD, the American Legion’s national office, and possibly other departments/agencies or national organizations depending on availability and time allowances.

Depart DC around 6:00 pm.

Federal Legislative Priorities Discussion

Identified Legislative Priorities for 2016:

Front Range Airport (FTG)

- Front Range Airport Infrastructure Improvement
  - **The Need: Runway Enhancements** – FTG currently has runways that can support 40k pound but would like to improve the infrastructure to support 165k pound aircraft.
  - **Key Benefits:** That improvement could allow FTG to support larger aircraft including many cargo aircraft, military aircraft (for military exercises), and larger passenger aircraft (in order to operate as a reliever airport for DIA).
  - **Focused Request and Cost:** A basic improvement which would include a strengthened taxi-way and ramp to accommodate up to 165k pound aircraft would cost around $6M.

- Lighting/Safety Project
  - **The Need:** Currently only half of the main taxi-ways at FTG have the lighting needed to provide the proper level of safety for taxiing aircraft.
  - **Key Benefits:** This lighting will allow taxiing aircraft to operate at a higher level of safety.
  - **Focused Request and Cost:** The airport has a pending request with the FAA for their lighting/safety project, which requires $2.3M in funding to purchase and install proper lighting for the other half of the main taxi-way along runway 08/26, the primary runway.

Spaceport Colorado – Update to Delegation

- There are 4 parts to the Spaceport Colorado Application: the Application itself, an Environmental Assessment (EA), Air Traffic Control (ATC) Letter of Agreement (LoA), and Airport Layout Plan (ALP) Update.

- Components of Application Process
  - **Approval of Application** - The pre-Application is currently at FAA for review and possible comment (FAA expects to take two weeks in which to respond to the pre-Application). Once FAA provides preliminary approval, then the Application, which is complete, will be signed by the BOCC and submitted (in the next couple of weeks or so) to FAA for final review. FAA then has 180 days to review the Application.
  - **Approval of Environmental Assessment** - The Environmental Assessment (EA) is now pending before the FAA’s Office of Commercial Space Transportation, approval of which is expected to take about another month (FAA approves and signs this). Once approved the project will be published in the Federal Register for a 30 day comment period.
  - **Air Traffic Control Letter of Agreement** - The Air Traffic Control (ATC) Letter of Agreement (LoA) is being pursued while the EA is pending at FAA, and the ATC LoA is about a month out. FTG has meetings planned with DIA, other regional and FAA players, and the airlines over this period to gain support for the proposed LoA and to finalize comments.
Airport Layout Plan (ALP) Update – The ALP deals with airport infrastructure and future airport plans. FTG has worked with the FAA Approving Authority, Airports Division, to develop an approved process for this work. FTG is awaiting one final piece of hazard information and will then submit the required ALP Update within the next month.

FTG has developed a flight plan with Air Traffic Control, and Spaceport Colorado is pursuing commercial space flight (using proven technologies and licensed spacecraft), not experimental flights. Spaceport Colorado will not be conducting vertical take-offs, but traditional horizontal take-offs, and there are no new noise disturbances associated with these spacecraft; they all fit within DIA's and FTG's noise profiles.

- Anticipated Approval for Licensing
- Next Steps

Veterans Affairs

- Veterans Landlords’ Choice Program, Incentivizing Participation in the HUD-Veterans’ Affairs Supportive Housing (HUD-VASH) Program
  - **The Need:** Currently it takes too much time for a Veteran to find housing and once they do, typically the housing is rented while the Veteran is in the process of qualifying for said housing.
  - **Benefit:** It provides landlords with options to incentivize them to accept housing vouchers from HUD-VASH participants as a form of payment.
  - **Focused Request and Cost:** In FY 2017 we would be asking to expand the program with an additional $500k to reach more Veterans.

- Second Veterans’ Symposium (in early 2016)
  - Staff is in the process of working with County Veterans’ Service Officer Robert Sheetz and the Housing Authority to identify additional areas of need that their offices have, as well as discuss PTSD issues and what the County can do to help with PTSD related needs given the VA’s termination of a stand-alone PTSD facility.
  - Information collected in conjunction with the VSO and ACHA will be folded into the program of the second Veterans’ Symposium.

Transportation

- RTD language on Bus Rapid Transit
  - **The Need:** MAP-21 narrowed the definitions of BRT, resulting in many projects no longer qualifying under the New Starts and Small Starts program, the principal discretionary Federal funding source for major transit capital projects.
  - **Focused Request:** The New Starts BRT definition should allow for projects where buses share their separated right-of-way with toll-paying cars and other high occupancy vehicles such as car and vanpools. As a way to maintain a high level of services, operations should allow for variable tolls to manage automobile traffic volume to ensure transit buses can continue to move at reliable speeds. We feel that dedicating that right-of-way exclusively to buses is not merited by local traffic demands and not needed to meet the aim of ensuring reliable transit travel times.

- Other – I.e., I-25 and North Metro, other priorities

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

County Manager’s Office, Front Range Airport, Housing Authority, Finance, Federal Congressional Delegation, Federal agencies and associations, including FAA, HUD, VA
State Legislator Tour

BACKGROUND:

Staff has prepared this briefing to guide a discussion of the upcoming State Legislator Tour agenda to be held on Dec. 11, 2015.

Tour Purpose and Participants

The State Legislator Tour is being set up to familiarize and update our state elected officials on projects of local and regional importance to Adams County. Invited on the tour are Senators Hodge, Martinez-Humenik, and Ulibarri, and Representatives Lebsock, Moreno, Priola, Salazar, Windholz, and Winter.

As of this memo, those members who have RSVP’d in the affirmative are Senators Hodge, Martinez-Humenik and Ulibarri, and Representatives Lebsock, Moreno, and Windholz. Staff is working to confirm the remaining three delegation members.

Tour Logistics

The tour will commence at 9:00 am, following the Metro North Chamber of Commerce's (MNCC) Legislative Breakfast, being held at Adams 12 Five Star Schools (1500 E. 128th Avenue Thornton, CO 80241). Adams County will be providing transportation for our elected officials for the tour, and staff will be accompanying the tour in order to provide insight and technical input related to the projects on the tour. Depending on the number of tour stops and participant availability, the tour should conclude around 1 pm. Staff will provide the board with talking points and a 1-page fact sheet for the state delegation on each stop.

Tour Stops

Staff is in the preliminary stages of developing the tour and would welcome your ideas on projects you would like to see. Some potential areas we are thinking about covering may include:

- The Federal Blvd. Corridor
  - Infill development near rail stations, mixed use development, economic development, etc.
- 1-25 Corridor
  - Managed lanes, redesign of interstate, economic development, etc.
- Park 12 Hundred
  - The County’s new location for its human services department, child and family center, Head Start program, and workforce and business center offices.

Questions for Discussion:
1. Are you comfortable with the suggested tour stops or would you like to add/subtract stops?
2. What information would you like to see for the 1-page fact sheets?
AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

County Manager’s Office, Human Services, Planning, Community & Economic Development, Transportation

2016 Combined State and Federal Legislative Calendar

BACKGROUND:

Staff has prepared this summary to guide a discussion of the upcoming 2016 state and federal legislative agenda. Staff will be briefing the BOCC on the tools in place for updating the BOCC throughout the state legislative session, and will provide a proposed schedule for state and federal milestones throughout the upcoming months. In addition, staff would like to affirm the BOCC’s state legislative priorities for 2016.

General Overview for State Legislative Operations and Process

Staff is currently in the process of reviewing responses to the County’s RFP for state lobbying services. Regardless of who is chosen to represent the County, staff will work with them on the following general framework for updating the BOCC regularly throughout the session on legislative issues:

1. Kevin Doran, Legislative Liaison, will serve as primary point of contact with the following responsibilities:
   - Liaise between the Legislative Working Group and BOCC
   - Liaise with contract lobbyist(s)
   - Will provide internal coordination to identify County priorities
   - Will analyze and monitor legislation in coordination with departments and lobbyists to recommend positions on bills
   - Will coordinate with departments and lobbyists to identify legislative opportunities
   - Will provide updates on legislative issues to the BOCC
   - Will work with other organizations in coordinated legislative advocacy

2. State lobbyist(s) will provide in-person updates to the BOCC at least once per month in study session, weekly bill tracking along with more focused updates on specific topics as needed, and monthly status reports. They will also be available for legislative events as needed by the county.

3. The Adams County Legislative Working Group will provide weekly email updates to BOCC on Fridays during the legislative session
   - Staff will supplement weekly updates with written summary of topics discussed at Colorado Counties, Inc (CCI) Legislative Steering Committee meetings, Metro North Chamber of Commerce - Business and Government Affairs (BGA) committee meetings, Metro Area County Commissioners (MACC), etc.
   - The Legislative Working Group includes:
     Kevin Doran – Legislative Liaison
     Jeanne Shreve – Intergovernmental Relations Manager
Staff will lead a discussion of key legislative actions in the weekly legislative update during study session.

Members of the Legislative Working Group will attend study sessions as needed.

Legislative Working Group will meet weekly to coordinate efforts and update legislative tracking tools.

4. Members of the Legislative Working Group, in coordination with state lobbyist(s), will prepare bill fact sheets as necessary to summarize the County’s position on specific legislative issues.

5. The Legislative Liaison will coordinate with the Commissioners and the County’s lobbyist(s) to identify and prepare for opportunities for elected officials and/or staff to testify in committee hearings on issues of importance.

6. The Legislative Liaison will coordinate with other County elected officials and their respective associations to identify legislative issues with County impacts.

Summary of Legislative Tracking Tools to be Used:
1. Legislative Tracking Table
2. Written summary of other legislative committees (CCI, BGA, MACC, etc.)
3. Bill Fact Sheets
4. Others?

Schedule and Deliverables for State and Federal Legislative Agenda through January 2016

- Conduct State Legislative Tour and DC trip in Dec
- Dec – hire state and confirm federal lobbying representation
- Dec – develop State and Federal Legislative briefing book
- Between Dec and January monitor and refine county-led priorities, if any
Anticipate state bill drop in mid-late January
Formulate positions on key bills

Schedule of Milestones for 2016 State and Federal Legislative Agenda

January
Legislative Working Group to Review and make recommendations to BOCC for all State legislation of relevance to the County introduced during Session
Monthly update by state lobbyist(s)
Weekly updates from staff
January 13, General Assembly Convenes
January 28-29, CCI Steering Committee Meetings

February
State Legislative Dinner at Riverdale Dunes/other outreach?
Monthly update by state lobbyist(s)
Weekly updates from staff
February 11-12, CCI Steering Committee Meetings
February 20-24, NACo conference/follow up meetings with federal stakeholders

March
Monthly update by state lobbyist(s)
Weekly updates from staff
March 10-11, CCI Steering Committee Meetings

April
Monthly update by state lobbyist(s)
Weekly updates from staff
April 7-8, CCI Steering Committee Meetings
April 29, CCI All Steering Committee Meetings

May
Monthly update by state lobbyist(s)
Weekly updates from staff
May 11, General Assembly Adjournment Sine Die

June
Legislative Wrap-up Presentation
Summary of final actions by Governor
Final legislative tracking report/ scoresheet
June 6-8, CCI Summer Conference
**FISCAL IMPACT:**
Either mark X ☒ if there is no fiscal impact or provide the following information for the recommended action:

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<th>Fund(s):</th>
<th>Cost center(s):</th>
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<td>New FTEs requested:</td>
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**Additional Note:**
List any Supplemental Information Regarding Fiscal Impact.

**APPROVAL SIGNATURES:**

Todd Leopold, County Manager

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager

**APPROVAL OF FISCAL IMPACT:**

[Signature]

Nancy Dunn, Budget / Finance
DATE OF STUDY SESSION: November 24, 2015

SUBJECT: Establishing Legal Holidays to be Observed by Adams County Offices in 2016

FROM: Bryan Ostler, Human Resources Director

AGENCY/DEPARTMENT: Human Resources Department

ATTENDEES: Todd Leopold

PURPOSE OF ITEM: Present to the Board of County Commissioners the Proposed Legal Holidays to be Observed by Adams County Offices in 2016

STAFF RECOMMENDATION: That the Board of County Commissioners approve the proposed 2016 holiday schedule at the December 8, 2015 Public Hearing.

BACKGROUND:

Below is a list of the proposed legal holidays to be observed by the Adams County Offices in 2016.

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<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>HOLIDAY</th>
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<tbody>
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<td>January 1, 2016</td>
<td>Friday</td>
<td>New Year’s Day</td>
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<td>January 18, 2016</td>
<td>Monday</td>
<td>Martin Luther King, Jr. Day</td>
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<tr>
<td>February 15, 2016</td>
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<td>Presidents’ Day</td>
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<tr>
<td>May 30, 2016</td>
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<td>July 4, 2016</td>
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<td>September 5, 2016</td>
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<td>October 10, 2016</td>
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<td>November 11, 2016</td>
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<td>November 24, 2016</td>
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<td>Thanksgiving Day</td>
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<tr>
<td>November 25, 2016</td>
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<td>Day after Thanksgiving</td>
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<tr>
<td>December 25, 2016</td>
<td>Monday</td>
<td>Christmas Day</td>
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AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

Human Resources Department, County Manager’s Office

ATTACHED DOCUMENTS:

None
**FISCAL IMPACT:**
Either mark X □ if there is no fiscal impact or provide the following information for the recommended action:

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**APPROVAL SIGNATURES:**

Todd Leopold, County Manager

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager

**APPROVAL OF FISCAL IMPACT:**

Todd Leopold, County Manager

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager
<table>
<thead>
<tr>
<th><strong>DATE:</strong></th>
<th>November 24, 2015</th>
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<tbody>
<tr>
<td><strong>SUBJECT:</strong></td>
<td>2016 Preliminary Budget Update</td>
</tr>
<tr>
<td><strong>FROM:</strong></td>
<td>Theresa Wilson, Budget Supervisor</td>
</tr>
<tr>
<td><strong>AGENCY/DEPARTMENT:</strong></td>
<td>Budget Office</td>
</tr>
<tr>
<td><strong>ATTENDEES:</strong></td>
<td>Budget Office Staff (Nancy Duncan, Theresa Wilson, Pernell Olson, Raylene Taylor)</td>
</tr>
<tr>
<td><strong>PURPOSE OF ITEM:</strong></td>
<td>To update the Board of County Commissioners on the 2016 Preliminary Budget</td>
</tr>
<tr>
<td><strong>STAFF RECOMMENDATION:</strong></td>
<td>To present information regarding the progress of the 2016 Preliminary Budget and answer questions.</td>
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**BACKGROUND:**

Periodic meetings will be held to update the Board of County Commissioners on the progress of the 2016 Preliminary Budget. This is for an additional 2016 Budget Wrap-up Session with the Board of County Commissioners in preparation for the Public Hearings and Adoption of the 2016 Budget on December 8th and 15th.

**AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:**

County Manager's Office and Budget Office

**ATTACHED DOCUMENTS:**

None
**FISCAL IMPACT:**
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Informational Only

**APPROVAL SIGNATURES:**

Todd Leopold, County Manager

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager

**APPROVAL OF FISCAL IMPACT:**