

# Adams County Health Department Sexual Health Program

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# The Sexual Health Program

Is a multi-service clinical program with a variety of funding sources

- Family Planning/Contraceptive Services
- Sexually Transmitted Infection testing and treatment
- Breast and Cervical Cancer Screening



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# Family Planning Services

- Contraceptive Services are provided with funding from the Title X family planning program as part of the Public Health Service Act and administered by the Office of Population Affairs.
- Title X family planning program is a critical part of America's public health safety net, serving as a point-of-entry into care for millions and the gold standard for providing high-quality, affordable, and confidential voluntary family planning and related preventive health services, with priority given to low-income clients.
- Title X-funded service sites provide contraception, education and counseling; breast and cervical cancer screening; testing for sexually transmitted infections and HIV, referral, and prevention education; and pregnancy diagnosis and counseling.

# Title X Services

Title X services are:

- Confidential
- Available for all clients of reproductive age who can become pregnant or can impregnate a partner.
- Available to all clients regardless of residency.
- Provided on a sliding fee scale based on verbal report of income. Services cannot be withheld due to a client's inability to pay.

All Birth Control options are dispensed or administered in the clinic

- Clients can call the clinic and pick up refills just like a local pharmacy



# Title X Services Provided

- Contraception

A variety of options are available to meet a clients needs including pills, injectable, vaginal rings, Long Acting Reversible Contraception (LARC), emergency contraception, internal and external condoms, non-hormonal methods.

- Preconception Counseling and Prenatal Vitamins

- Pregnancy Testing

- Pregnancy Options Counseling

- Community Outreach and Teaching

Additional services recommended by Title X,  
but not necessarily covered by funding

- STI Counseling, Testing and Treatment for clients and partners
- Cervical Cancer Screening, Diagnostic Testing & Treatment
- Breast Cancer Screening and Diagnostic Testing



# Sexually Transmitted Infection Services

- Testing and treatment\* for:
  - Trichomoniasis (trich)
  - Chlamydia\*
  - Gonorrhea\*
  - Herpes (HSV)
  - Bacterial vaginosis (BV)
  - Yeast infection
- Syphilis testing\*
- Rapid and Confirmatory HIV Testing\*
- STI prevention counseling
- PrEP and PEP referrals



\*Testing for GC/CT, RPR and HIV and STI treatment medications are provided via the Harm Reduction Biomedical Grant

Expedited Partner Treatment is also provided to clients



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# Women's Wellness Connection Services

- Breast and cervical cancer screening for people 21-64 years old  
no health insurance or limited insurance  
Household income is  $\leq$  250 FPL

## Services provided at no charge to clients

- Cervical & Breast Cancer risk assessment
- Tobacco risk assessment and education
- Cervical & Breast Cancer education
- HPV and pap tests
- Clinical breast exam
- Mammograms
- Colposcopy and Diagnostic LEEP
- Health navigation with a Case Manager
- Transportation assistance for appointments
- Enrollment in BCCP Medicaid if diagnosed with Breast Cancer or requires treatment for cervical pathology





## Who benefits from Services provided at the Sexual Health Clinics

- Uninsured clients and clients with health insurance that does not cover contraception, preventative medicine screenings or STI testing.
- Clients concerned with confidentiality.
- Clients with PCP who do not provide multiple services in a single visit.
- Clients needs services outside of the Sexual Health Clinics (WWC case management).
- Clients who need assistance with barriers to care- financial burden, lack of transportation.
- Clients testing positive for STI and whose partners do not want to go to be tested or cannot afford treatment.



# Sexual Health Visits

## Nurse Practitioner Visits:

- New clients who want to start contraception
- Annual health reviews and contraceptive prescription renewal
- LARC insertion and removals (IUD and Nexplanon)
- Clinical breast exams and risk evaluation for breast cancer and ordering Mammograms
- Cervical cancer risk assessment, HPV and Pap testing
- Colposcopy for abnormal cervical cancer screening
- Symptomatic STI exams and testing, genital wart treatments
- Televisits for birth control RX renewal, new start for birth control and STI treatments.

## Registered Nurse Visits:

- Dispensing of birth control and specific method education post NP visits
- Depo injections every 11-13 weeks
- Education on self-administration of Depo-SubQ
- Counseling visits prior to LARC insertions (may be televisits)
- Asymptomatic STI testing visits
- STI treatment and counseling visits
- Method evaluation visits

Supply Visits: Call ahead visits to pick up birth control refills



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# Current Service Locations and Staff

- Adams County Health Department- Westminster Monday through Friday from 8am to 5pm.
- Adams County Health Department- North Broadway Wednesdays from 8am to 5pm.

Appointments are encouraged, with limited walk-in availability

- Appointments are available with Nurse Practitioners, Registered Nurses and for prescription refills

## Community Outreach

- Birth Control and STI classes provided in Adams County Schools- 3 presentations for 45 total Students
- STI testing offered with Harm Reduction outreach  
Every other Thursday at Irving Street Library in Westminster  
One-time events- Adams County Pride

## Current Staffing

1 Nurse Practitioner (80%)

2.5 RN FTE

1 day per month consulting MD (also on call M-F for clinical consultations)

1 Clinic Supervisor

2.5 MA FTE

1 Title X Coordinator (80%)

1 Administrative Clerk



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# The Sexual Health Program Funding and Resources

Family Planning	Women's Wellness Connection	Sexually Transmitted Infections
<ul style="list-style-type: none"> <li>• Title X funding: July 1, 2023-June 1, 2024               <ul style="list-style-type: none"> <li>• \$255,000 state funds</li> <li>• \$180,000 federal funds</li> </ul> </li> <li>• Medicaid billing</li> <li>• Client donations</li> <li>• Fees for services</li> <li>• <b>All medications are purchased using 340b discount pricing</b></li> </ul>	<ul style="list-style-type: none"> <li>• WWC funding June 30, 2023-June 29, 2024</li> <li>• \$18,946.00 eCaST funds Direct clinical services provided to clients are reimbursed to the provider</li> <li>• \$ 16,262.40 Non-eCaST funds Personnel for Navigation services Transportation Overhead</li> </ul>	<ul style="list-style-type: none"> <li>• Shared Lab credits from CDPHE Lab for testing               <ul style="list-style-type: none"> <li>• 1000 chlamydia and gonorrhea</li> <li>• 225 RPR</li> <li>• 30 TP</li> <li>• 30 confirmatory HIV for Harm Reduction for outreach services &amp; Sexual Health for uninsured clients</li> </ul> </li> <li>• HIV testing under Harm Reduction Biomedical grant</li> <li>• Treatment medications under Harm Reduction Biomedical grant</li> <li>• Medicaid billing</li> <li>• Fees for testing: HSV, BV, yeast discounted government fee schedule</li> </ul>



# Sexual Health Program Progress

January-June 2023

## 603 client visits

355 self pay clients (no insurance)

248 Medicaid

60%  $\geq$  250% of Federal Poverty Level for income

## 1434 Service Events provided

### 603 related to Title X contraception, pregnancy tests, LARC procedures

36 LARC procedures

184 Depo injections

1882 Condoms

21 HPV tests\*

7 Pap tests\*

190 pregnancy tests

### 430 related to STI

242 GC/CT tests^

44 HIV tests#

39 Syphilis tests

51 STI treatments^

### 85 WWC Screenings Completed (all services for events completed)

35 HPV tests\* (total 56)

13 Pap tests\* (total 20)

9 Colposcopy

17 Mammograms

### 99 related to Harm Reduction

51 STI treatment medications^

48 HIV tests# (Total 92)





# What is on the Horizon for Sexual Health

## Reducing Barriers to obtaining Contraception

- We have applied for 2 grants which will allow us to provide mobile contraceptive services.
  1. Have ACHD SHP mobile services for people residing in Adams County where they are, especially for residents in Eastern Adams County.
  2. Have ACHD SHP Staff provide contraceptive services, along with Harm Reduction during outreach, for PWUD and people who are unhoused. This grant would also allow us to incorporate HR Staff in Sexual Health to provide Harm Reduction services in SHP Clinics.

# Expand Services

- In process of hiring 1 full-time NP in August and another by December 2023.
- Expand services in North Broadway to 5 days/week
- Open a walk in STI clinic in IZ spaces in Westminster on Fridays  
Plan to train RN's to do STI testing and exams (RN practicing in an expanded role).
- Add treatment for Syphilis to Sexual Health services
- Prescribe and dispense PEP and Prep



## Collaboration

- With Adams County Epidemiology to offer STI services to people with other communicable diseases and have risk factors for STI
- With Harm Reduction to:
  - Provide Contraception during outreach
  - Offer treatment for Harm Reduction outreach clients who test positive for STI's
  - Prescribe and dispense PEP and PrEP at HR outreach.
  - Ensure teaching and messaging related to STI prevention is consistent between programs
  - Utilize HR Specialists to teach Birth Control and STI classes in Adams County Schools



# Questions?



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Thank you!



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