

August 2023

~All milk served is unflavored 1%~

Adams County Head Start Menu

~Our Centers Participate in a USDA Funded Program and is an Equal Opportunity Provider and Employer~

Mon	Tue	Wed	Thu	Fri
15 <p style="text-align: center;">NO SCHOOL</p>	16 <p style="text-align: center;">NO SCHOOL</p>	17 <p style="text-align: center;">NO SCHOOL</p>	18 <p style="text-align: center;"><u>OPEN HOUSE</u> 2:00 TO 6:00</p>	19 <p style="text-align: center;"><u>OPEN HOUSE</u> 9:30 TO 3:30</p>
21 <p style="text-align: center;">First Day of School</p> <p>WG Corn Flakes, Cinnamon Applesauce & 1% Milk●</p> <p>WG Cheese Enchiladas●, WG Tortilla Chips, Warm Black Bean & Corn Salsa, Diced Mangoes & 1% Milk●</p> <p>Hard Boiled Egg & Fresh Orange Wedges</p>	22 <p>WW Mini Bagel●●, Strawberry Cream Cheese●, Roasted Apple Slices & 1% Milk●</p> <p>Chicken Fried Rice, Mandarin Oranges, Romaine Salad, Sesame Soy Dressing & 1% Milk●</p> <p>WG Graham Crackers, Sunbutter & Fresh Apple Wedges</p>	23 <p>Homemade WW Oatmeal Bread●, Strawberries & 1% Milk●</p> <p>WW Spaghetti & Beef Meat Sauce, Sautéed Summer Squash, Fresh Pineapple Slices & 1% Milk●</p> <p>Fresh Carrots & Cucumber Strips, Homemade Ranch Dressing●●, & WG Wheat Thins</p>	24 <p>WW Pancakes●● with Syrup, Blueberries & 1% Milk●</p> <p>Grilled Cheese on WW Bread●, Tomato Soup●, Spinach Salad with Homemade Ranch Dressing●● & 1% Milk●</p> <p>Fresh Banana, Low-Fat Vanilla Greek Yogurt●, Homemade Granola</p>	25 <p>WG Cinnamon Flakes, Fresh Fruit Salad & 1% White Milk ●</p> <p>Sliced Turkey & Cheese● with WW Ritz Crackers, Fresh Sliced Pineapple, Fresh Carrots with Homemade Ranch Dressing●● & 1% Milk●</p> <p>WG Cheddar Goldfish● & Mandarin Oranges</p>
28 <p>WG Cinnamon Chex, Pineapple Tidbits & 1% Milk●</p> <p>Homemade WW Mac & Cheese●●, Steamed Broccoli, Fresh Coleslaw with Creamy Coleslaw Dressing● & 1% Milk●</p> <p>Low Fat Mozzarella String Cheese●, Fresh Orange Wedges</p>	29 <p>Egg & Cheese Muffin (WW English Muffin, Egg Patty●●, Sliced Cheese●, Hash Browns & 1% Milk●)</p> <p>Homemade White Chicken Chili●, WW Crackers, Spinach Salad with Homemade Chipotle Ranch Dressing●●, Fresh Pineapple & 1% Milk●</p> <p>Fresh Apple Wedges, Low Fat Vanilla Greek Yogurt● & Homemade Granola</p>	30 <p>Homemade Banana Bread●, Strawberries & 1% Milk●</p> <p>Grilled Hamburgers on a WW Bun, Fresh Lettuce & Tomatoes, Roasted Cinnamon Sweet Potatoes, Fresh Kiwis & 1% Milk●</p> <p>Fresh Carrots & Celery, Homemade Ranch Dressing●● & WG Cheddar Cheez Itz●</p>	31 <p>WW Waffles●● with Syrup, Blueberries & 1% Milk●</p> <p>Homemade WG Cheese Pizza●, Romaine Salad with Homemade Italian Dressing, Fresh Fruit Salad & 1% Milk●</p> <p>Banana Roll-Ups (Fresh Banana, WW Tortilla, Sunbutter)</p>	September 1 <p style="text-align: center;">NO SCHOOL</p>

● Indicates Item Contains Dairy

● Indicates Item Contains Egg