

DECEMBER 2023

~All milk served is unflavored 1%~

Adams County Head Start Menu

Mon	Tue	Wed	Thu	Fri
<p>Foods that are GREEN Contain Dairy Foods with a RED • Contain Egg</p>				<p>1</p> <p>NO SCHOOL</p>
<p>4</p> <p>WG Chex/ Roasted Apples & 1% Milk Cheese Enchiladas/Warm Black Bean & Corn Salad/Tortilla Chips/Mangoes & 1% Milk WG Soft Pretzel Stick/Celery Sticks & •Ranch Dressing</p>	<p>5</p> <p>WG Mini Blueberry Bagel/Strawberry Cream Cheese/Fresh Cuties (orange) & 1% Milk Grilled Cheese w/WG Bread/Tomato Soup/Romaine Salad/•Ranch/Fresh Pineapple & 1% Milk Apple Wedges/WG Graham Crackers & Sun butter</p>	<p>6</p> <p>•WG Oatmeal Muffin Bread/Strawberries & 1% Milk Chicken Fried WG Rice/Broccoli Slaw/Asian Sesame Dressing/Mandarin Oranges & 1% Milk Baby Carrots & Cucumbers/•Ranch Dressing & WG Wheat Thins</p>	<p>7</p> <p>•WG Pancakes/Syrup/Blueberries & 1% Milk WG Spaghetti & Meat (Beef) Sauce/Sauteed Summer Squash/Kiwi & 1% Milk Banana, Vanilla Greek Yogurt & Homemade Granola</p>	<p>8</p> <p>WG Kix/Fruit Salad & 1% Milk Sliced Turkey/Sliced American Cheese/WG Crackers/Baby Carrots/•Ranch Dressing/Peaches & 1% Milk WG Cheddar Goldfish & Pears</p>
<p>11</p> <p>WG Cheerios/Peaches & 1% Milk WG Bean & Cheese Burrito/Mexicali Corn/Salsa/Fresh Kiwis & 1% Milk Cheddar Cheese Slice/Orange Wedges</p>	<p>12</p> <p>WG Tortilla/•Scrambled Eggs/Cheese/Salsa/Hash Browns/Cinnamon Applesauce & 1% Milk Chicken WG Noodle Soup/Spinach Salad/Ranch Dressing/Steamed Green Beans & 1% Milk Vanilla Greek Yogurt/ Homemade Granola/Apple Wedges</p>	<p>13</p> <p>•WG Banana Bread/Strawberries & 1% Milk Beef Sloppy Joes/WG Bun/Roasted Red Potatoes/Fresh Pineapple & 1% Milk Baby Carrots & Fresh Peppers/•Ranch Dressing & WG Pretzel Goldfish</p>	<p>14</p> <p>•WG French Toast Sticks/Syrup/Blueberries& 1% Milk •Chicken Tenders/BBQ Baked Beans/WG Rolls/Romaine Salad/•Ranch Dressing & 1% Milk Banana/WG Tortilla/Sun butter</p>	<p>15</p> <p>NO SCHOOL</p>
<p>18</p> <p>WINTER BREAK</p>	<p>19</p> <p>WINTER BREAK</p>	<p>20</p> <p>WINTER BREAK</p>	<p>21</p> <p>WINTER BREAK</p>	<p>22</p> <p>WINTER BREAK</p>
<p>25</p>	<p>26</p> <p>WINTER BREAK</p>	<p>27</p> <p>WINTER BREAK</p>	<p>28</p> <p>WINTER BREAK</p>	<p>29</p> <p>WINTER BREAK</p>