

August 2024

~All milk served is unflavored 1%~

Adams County Head Start Menu

~Our Centers Participate in a USDA Funded Program and is an Equal Opportunity Provider and Employer~

Mon	Tue	Wed	Thu	Fri
<ul style="list-style-type: none"> ● Indicates Item Contains Dairy ● Indicates Item Contains Egg 				
<p>19</p> <p><u>OPEN HOUSE</u> 2:00 TO 6:00</p> <p>“ Take home snack”</p>	<p>20</p> <p>First Day of School</p> <p>WG Chex, Roasted Apple slices & 1% milk</p> <p>Cheese Enchiladas w/ WG Tortilla warm, Tortilla chips, Mexicali Corn, Mangoes 1% Milk</p> <p>String Cheese and Orange Wedges</p>	<p>21</p> <p>WG Oatmeal Muffin Bread ●, Strawberries & 1% Milk</p> <p>Grilled Cheese w/WG Bread, Tomato Soup, Romaine Salad w/Ranch Dressing ●, Fresh Pineapple & 1% Milk</p> <p>Apple Wedges, WG Graham Crackers & Sun butter</p>	<p>22</p> <p>WG Pancake ● w/Syrup, Blueberries & 1% Milk</p> <p>WG Spaghetti & Meat (Beef) Sauce, Sautéed Summer Squash, Fresh Kiwi & 1% Milk</p> <p>Banana, Greek Vanilla Yogurt & Homemade Granola</p>	<p>23</p> <p>WG Kix, Mangoes & 1% Milk</p> <p>Sliced Turkey, American Cheese, Ritz Crackers, Carrot Sticks w/Ranch Dressing ●, Pears & 1% Milk</p> <p>WG Cheddar Goldfish & Mandarin Oranges</p>
<p>26</p> <p>WG Cheerios, Mandarin Oranges & 1% Milk</p> <p>Chicken WG Pasta with Alfredo Sauce, Spinach Salad with Italian dressing, Peaches & 1% Milk</p> <p>Cheddar Slices & Orange Wedges</p>	<p>27</p> <p>WG Tortilla, Scrambled Eggs ●, American Cheese, Salsa, Hash Browns & 1% Milk</p> <p>Turkey and Cheese wrap, (Sliced up like a pin wheel); Sliced Cucumbers with hummus; Fresh Kiwi & 1% Milk</p> <p>Greek Vanilla Yogurt, Homemade Granola & Apple Wedges</p>	<p>28</p> <p>WG Blueberry Bread ●, Strawberries & 1% Milk</p> <p>Beef Sloppy Joes, WG Bun, Roasted Red Potatoes, Fresh Pineapple & 1% Milk</p> <p>Carrot Sticks & Cauliflower w/Ranch Dressing ● & WG Cheddar Goldfish ●</p>	<p>29</p> <p>French Toast Sticks ● w/Syrup, Blueberries & 1% Milk</p> <p>Homemade Chicken Tenders ●, BBQ Baked Beans, WG Rolls, Romaine Salad w/Ranch Dressing ● & 1% Milk</p> <p>“ Make a face snack” use sunbutter spread on the WG tortilla, use sliced banana for mouth and raisins for the eyes.</p>	<p>30</p> <p>NO SCHOOL</p>

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