

November 2024

~All milk served is unflavored 1%~

Red Dot contains EGG

Green Dot contains DAIRY

Adams County Head Start Menu

~Our Centers Participate in a USDA Funded Program and is an Equal Opportunity Provider and Employer~

Mon	Tue	Wed	Thu	Fri
<p>4</p> <p>WG Chex & Pears & 1% Milk</p> <p>Chicken Taco Meat, Lettuce & Tomato, Crispy Taco Shell, Shredded Cheese, Salsa, Refried Beans, Mangoes & 1% Milk</p> <p>Cheese Cubes & Orange Wedges</p>	<p>5</p> <p>WG English Muffin, Egg Patty, Sliced Cheese, Hash Browns & 1% Milk</p> <p>White Bean Chicken Chili, Ritz Crackers, Spinach Salad, Chipotle Ranch, Fresh Pineapple & 1% Milk</p> <p>Greek Vanilla Yogurt, Homemade Granola, Apple Wedges</p>	<p>6</p> <p>WG Banana Bread, Strawberries & 1% Milk</p> <p>Hamburgers, WG Bun, Lettuce & Tomato, Cinnamon Sweet Potatoes, Fresh Kiwi & 1% Milk</p> <p>Carrot Sticks & Celery Sticks w/Ranch Dressing & WG Cheez-Its</p>	<p>7</p> <p>WG Waffle w/Syrup, Blueberries & 1% Milk</p> <p>Cheese Pizza w/WG Crust, Romaine Salad w/Italian Dressing, Peaches & 1% Milk</p> <p>Fruit Pizza (Plain WG crackers with strawberry cream cheese; topped with blueberries, diced strawberries, and diced peaches.</p>	<p>8</p> <p>NO SCHOOL</p>
<p>11</p> <p>HOLIDAY</p>	<p>12</p> <p>WG Cereal, Sliced Peaches & 1% Milk</p> <p>Chicken Teriyaki, WG Brown Rice, Mandarin Oranges, Spinach Salad w/ Asian Sesame dressing & 1% Milk.</p> <p>Carrot Sticks & Celery Sticks w/Ranch Dressing & WG Wheat Thins crackers</p>	<p>13</p> <p>WG Oatmeal Muffin Bread, Strawberries & 1% Milk</p> <p>Grilled Cheese w/WG Bread, Tomato Soup, Romaine Salad w/Ranch Dressing, Fresh Pineapple & 1% Milk</p> <p>Apple Wedges, WG Graham Crackers & Sun butter</p>	<p>14</p> <p>WG Pancake w/Syrup, Blueberries & 1% Milk</p> <p>"Burrito Bowl" Seasoned Chicken, Cilantro Rice, Black Beans, Mexicali Corn, WG Tortilla Chips, Shredded Cheese, Tomatoes and Lettuce</p> <p>Banana, Greek Vanilla Yogurt & Homemade Granola</p>	<p>15 1020</p> <p>WG Kix, Mangoes & 1% Milk</p> <p>Sliced Turkey, American Cheese, WG ROLLS, Carrot Sticks w/Ranch Dressing, Pears & 1% Milk</p> <p>WG Cheddar Goldfish & Mandarin Oranges</p>
<p>18</p> <p>WG Cheerios, Mandarin Oranges & 1% Milk</p> <p>Chicken WG Pasta with Alfredo Sauce, Spinach Salad with Italian dressing, Peaches & 1% Milk</p> <p>Cheddar Slices & Orange Wedges</p>	<p>19</p> <p>WG Tortilla, Scrambled Eggs, Shredded Cheese, Salsa, Hash Browns & 1% Milk</p> <p>WG Spaghetti & Meat (Beef) Sauce, Sautéed Summer Squash, Fresh Kiwi & 1% Milk</p> <p>Greek Vanilla Yogurt, Homemade Granola & Apple Wedges</p>	<p>20</p> <p>WG Blueberry Bread, Strawberries & 1% Milk</p> <p>Beef Sloppy Joes, WG Bun, Roasted Red Potatoes, Fresh Pineapple & 1% Milk</p> <p>Carrot Sticks & Cauliflower w/Ranch Dressing & WG Cheddar Goldfish</p>	<p>21</p> <p>French Toast Sticks w/Syrup, Blueberries & 1% Milk.</p> <p>Homemade Chicken Tenders, BBQ Baked Beans, WG Rolls, Romaine Salad w/Ranch Dressing & 1% Milk.</p> <p>"Make a face snack" use sun butter spread on the tortilla, use sliced banana for mouth and raisins for the eyes"</p>	<p>22 1020</p> <p>WG Kix, Mangoes & 1% Milk</p> <p>Sliced Turkey, American Cheese, Ritz Crackers, Carrot Sticks w/Ranch Dressing, Pears & 1% Milk</p> <p>WG Pretzel Goldfish & Mandarin Oranges</p>
<p>25</p> <p>NO SCHOOL</p>	<p>26</p> <p>NO SCHOOL</p>	<p>27</p> <p>NO SCHOOL</p>	<p>28</p> <p>HOLIDAY</p>	<p>29</p> <p>HOLIDAY</p>