

January 2025

~All milk served is unflavored 1%~

Red Dot contains EGG

Green Dot contains DAIRY

Adams County Head Start Menu

~Our Centers Participate in a USDA Funded Program and is an Equal Opportunity Provider and Employer~

Mon	Tue	Wed	Thu	Fri
<p>6</p> <p>NO SCHOOL</p>	<p>7</p> <p>Assorted Cereal, Mandarin Oranges 1% Milk</p> <p>WG Spaghetti & Meat (Ground Turkey) Sauce, Sauteed Summer Squash, Fresh Kiwi & 1% Milk</p> <p>Greek Vanilla Yogurt & Homemade Granola</p>	<p>8</p> <p>WG Blueberry Bread•, Strawberries & 1% Milk</p> <p>Beef Sloppy Joes, WG Bun, Roasted Red Potatoes, Fresh Pineapple & 1% Milk</p> <p>Carrot Sticks & Cauliflower w/Ranch Dressing• & WG Cheddar Goldfish</p>	<p>9 French Toast Sticks• w/Syrup, Blueberries & 1% Milk</p> <p>Homemade Chicken Tenders•, BBQ Baked Beans, WG Rolls, Romaine Salad w/Ranch Dressing• & 1% Milk.</p> <p>"Make a face snack" use sun butter spread on the tortilla, use sliced banana for mouth and raisins for the eyes."</p>	<p>10 1020</p> <p>Assorted Cereal, Mangoes & 1% Milk</p> <p>Sliced Turkey, American Cheese/WG Rolls, Carrot sticks w/ Ranch Dressing•, Sliced Pears & 1% Milk</p> <p>WG Pretzel Goldfish & Mandarin Oranges</p>
<p>13</p> <p>WG Cheerios & Applesauce & 1% Milk</p> <p>WG Mac & Cheese•, Steamed Broccoli, Fruit Cocktail & 1% Milk</p> <p>String Cheese & Orange Wedges</p>	<p>14</p> <p>Greek Vanilla Yogurt & Mandarin Oranges 1% Milk</p> <p>Chicken Fried Rice, Steamed Carrots, Pears & 1% Milk</p> <p>Apple Wedges & WG Graham Crackers</p>	<p>15</p> <p>WG Zucchini Bread•, Sliced Peaches & 1% Milk</p> <p>Roast Turkey & Gravy/WG Cornbread•, Mashed Potatoes, Fresh Pineapple & 1% Milk</p> <p>Cucumbers w/Ranch Dressing• & WG Triscuits Crackers</p>	<p>16</p> <p>WG Waffles• w/Syrup, cuties (orange) & 1% Milk.</p> <p>Beef Lasagna•, WG Garlic Bread, Romaine Salad w/Italian Dressing, Steamed Green Beans & 1% Milk</p> <p>Banana & Greek Vanilla Yogurt</p>	<p>17</p> <p>NO SCHOOL</p>
<p>20</p> <p>HOLIDAY</p>	<p>21</p> <p>WG Chex, Pears & 1% Milk</p> <p>White Bean Chicken Chili, Ritz Crackers, Steamed Medley Vegetables, Fresh Pineapple & 1% Milk</p> <p>Greek Vanilla Yogurt & Homemade Granola</p>	<p>22</p> <p>WG Banana Bread•, Sliced Peaches & 1% Milk</p> <p>Hamburgers, WG Bun, Lettuce & Tomato, Corn on a Cob, Fresh Kiwi & 1% Milk</p> <p>Carrot Sticks w/ Ranch Dressing• & WG Cheez-Its</p>	<p>23</p> <p>French Toast Sticks• w/Syrup, Banana & 1% Milk</p> <p>Cheese Pizza w/WG Crust, Romaine Salad w/Italian Dressing, Peaches & 1% Milk</p> <p>Fruit Pizza (Plain WG crackers with strawberry cream cheese; topped with blueberries & diced strawberries.</p>	<p>24 1020</p> <p>Assorted Cereal, Mangoes & 1% Milk</p> <p>Sliced Turkey, American Cheese, Ritz Crackers, Cucumber Sticks w/Ranch Dressing•, Pears & 1% Milk</p> <p>WG Cheddar Goldfish & Mandarin Oranges</p>
<p>27 WG Chex, Fruit Cocktail & 1% Milk</p> <p>Cheese Enchiladas w/WG Tortilla warm, tortilla chips, Steamed Corn, Mangoes & 1% Milk</p> <p>String Cheese and Orange wedges.</p>	<p>28 Biscuit•, Egg Patty•, Sliced Cheese & Hashbrowns 1% Milk</p> <p>Chicken Teriyaki, WG Brown Rice, Mandarin Oranges, Steamed Carrots & 1% Milk.</p> <p>WG Wheat Thins crackers and Hummus</p>	<p>29 WG Oatmeal Muffin Bread•, Slices Peaches & 1% Milk</p> <p>Grilled Cheese w/WG Bread, Tomato Soup, Romaine Salad w/Ranch Dressing•, Fresh Pineapple & 1% Milk</p> <p>Apple Wedges & WG Graham Crackers</p>	<p>30 WG Pancake• w/Syrup, Cuties(orange) & 1% Milk</p> <p>"Burrito Bowl" Seasoned Chicken, Black Beans, Steamed Corn, WG Tortilla Chips, Shredded Cheese, Tomatoes and Lettuce</p> <p>Banana & Greek Vanilla Yogurt</p>	<p>31</p> <p>NO SCHOOL</p>