The Senior Hub
Meals on Wheels

About the Senior Hub:
The Senior Hub is a non-profit agency, and our mission is to advance the quality of life for older adults through advocacy, community partnerships, and a variety of direct services planned to sustain an independent, healthy aging experience. We have been advancing the quality of life for older adults and their families since 1986.

Services Offered by The Senior Hub:
- Adult Day Services
- Pet Vet
- Food Pantry
- Homecare Services
- Meals on Wheels
- Senior Solutions
- Senior Tech
- Food Pantry
- Volunteer Opportunities
- Resource Referrals

Due to support from local grants, donors, and foundations, services may be available for free to qualified seniors.

Call: 303-426-4408
Email: info@seniorhub.org
Visit Us: www.seniorhub.org
Volunteer Opportunities

1. **Delicious Delivery**
   - Call for details.
   - Deliver meals on Wheels.
   - Over 60+ years of age
   - Homebound

2. **Traditional Program**
   - Meals on Wheels Drivers.
   - Call for details.
   - Over 60+ years of age
   - Homebound

3. **Additional Opportunities**
   - Your mileage will be reimbursed.

4. **Meals on Wheels**
   - 7 days a week for a fixed fee. They are delivered to your home.
   - Fresh meals are available from local restaurants.
   - Meals are delivered by volunteers.
   - Meals are made by a computer-generated meal plan.

**Volunteer Opportunities**

- Call for details.
- Deliver meals on Wheels.
- Over 60+ years of age
- Homebound

**Traditional Program**

- Meals on Wheels Drivers.
- Call for details.
- Over 60+ years of age
- Homebound